

ΣΩΜΑΤΕΙΟ ΑΝΑΓΝΩΡΙΣΜΕΝΟ ΕΤΟΣ ΙΔΡΥΣΕΩΣ 1980, ΑΠΟΦ. ΠΡΩΤΟΔ. ΗΡΑΚΛΕΙΟΥ 105/81

8th Swim Meet "Tsvetan Golomeev 2022"

Hosted by the Swim Club of Heraklion (KOH)

May 28-29, 2022











The Swim Club of Heraklion (KOH) proudly invites you to the eighth edition of "TSETSO GOLOMEEV" swim meet.

Location: Heraklion, Crete, Greece (50m outdoor pool, 8 lanes, water temperature 26-27°C)

Date: May 28-29, 2022

Rules: The meeting will be conducted in accordance with the current FINA rules as well as the Hellenic Swimming Federation (KOE) rules and regulations.

Terms of participation / eligibility: Entries will only be accepted for swimmers who are currently registered in the Hellenic Swimming Federation database as well as registered swimmers from other countries who are also invited to compete as competitive swimmers. Each club can participate with an unlimited number of swimmers in each event except the 400m, 800m and 1500m freestyle as well as the 400m I.M events that will be held in two heats, comprised by the fastest swimmers.

All swimmers should be thirteen (13) years old and older (born before January 1, 2010). All events will be swum as timed finals. All events will be seeded by time and will swim fastest to slowest, based on the times achieved in a 50m swimming pool from 01.10.2021 onwards.

Each swimmer can compete in up to six events

Deadlines: A declaration of intention to participate should be submitted to the KOH offices at Heraklion Swimming Pool or electronically at e-mail info@koh.gr, by May 10, 2022.

Entries must be submitted by May 20, 2022 at the KOH offices at the Heraklion swimming pool or electronically at info@koh.gr

Awards: The first three winners per event* will be awarded medals and certificates.

* The maximum number of medals a competitor can compete for, is three (3). In the entry forms, events over three must be marked with the indication "OOC" (Out of







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Competition) for medal prizes.

At the end of the meeting, two swimmers, the top male and female athletes, will be named and awarded on the basis of FINA's international rating.

Opening ceremony: Saturday 28th 2022, 4:45pm.

Entry fees: 3€ per athlete (flat fee).

For more information, please contact: George Androulakis ($\underline{giorgos@iacm.forth.gr}$), Tel: +30

6937 158 568





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Program

Day 1, Saturday 28.05.2022

Warm ups: 15:30

Opening ceremony: 16:45

Competition: 17:00

| 1. | 50m | Butterfly | Women |
|-----|-------|--------------|-------|
| 2. | 50m | Butterfly | Men |
| 3. | 200m | Freestyle | Women |
| 4. | 200m | Freestyle | Men |
| 5. | 400m | IM | Women |
| 6. | 400m | IM | Men |
| 7. | 200m | Backstroke | Women |
| 8. | 200m | Backstroke | Men |
| 9. | 100m | Breaststroke | Women |
| 10. | 100m | Breaststroke | Men |
| 11. | 1500m | Freestyle | Women |
| 12. | 800m | Freestyle | Men |
| | | | |

Day 2 (morning), Sunday 29.05.2022

Warm ups: 08:45 Competition: 10:00

| 1. | 50m | Freestyle | Men |
|-----|------|--------------|-------|
| 2. | 50m | Freestyle | Women |
| 3. | 100m | Butterfly | Men |
| 4. | 100m | Butterfly | Women |
| 5. | 400m | Freestyle | Men |
| 6. | 400m | Freestyle | Women |
| 7. | 100m | Backstroke | Men |
| 8. | 100m | Backstroke | Women |
| 9. | 200m | Breaststroke | Men |
| 10. | 200m | Breaststroke | Women |

Day 2 (afternoon), Sunday 29.05.2022

Warm ups: 15:45 Competition: 17:00

| | • | | |
|-----|-------|--------------|-------|
| 1. | 50m | Breaststroke | Women |
| 2. | 50m | Breaststroke | Men |
| 3. | 50m | Backstroke | Women |
| 4. | 50m | Backstroke | Men |
| 5. | 100m | Freestyle | Women |
| 6. | 100m | Freestyle | Men |
| 7. | 200m | Butterfly | Women |
| 8. | 200m | Butterfly | Men |
| 9. | 200m | IM | Women |
| 10. | 200m | IM | Men |
| 11. | 800m | Freestyle | Women |
| 12. | 1500m | Freestyle | Men |





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Participation Intention Form

8th Swim Meet "Tsetso Golomeev 2022"











Swim club name

Contact person

Telephone

e-mail

Number of swimmers

Notes

Please submit this form by May 10, 2022 in info@koh.gr

